



The Howler

Cary American Legion Post 67, (August, 2022)



Commander's Corner:



Hello fellow Legionnaires, Auxiliary members, and SAL members! This is my first Commander's Corner as your Commander and I would like to thank each of you for having trust in me to lead Cary Post 67. We all need to thank the outgoing Post Officers for a job well done. Keeping the Post going through the pandemic was not an easy effort. I also want to thank our incoming Officers for volunteering to be on our Post Executive Committee (PEC).

A little about me: I grew up in Nansemond County, VA (now the City of Suffolk). I was a Navy brat. My father retired from the Navy. I joined the US Air Force in December of 1971 and retired in April of 1992. I enjoyed my Air Force career. Once it was completed I worked as a Government Contractor until my retirement in 2016. I am married to

my best friend, Chris. Her father was in the Merchant Marines during WWII. He served in the Atlantic, while my father served with the US Navy in the Pacific. If you want to know more about me, please ask. I can probably make up some good stories for you.

There is a lot coming up for us in the near future. The General Meeting of Post 67 is Tuesday, August 9. We will be having a POTLUCK dinner starting at 6:15pm with our meeting starting at 7:00pm. Please come, bring a dish, and enjoy time with your fellow Legionnaires. At the meeting, we will vote on the Resolution that was in last month's Howler. It is also in this month's Howler. Please review. The PEC voted to approve the Resolution at the PEC meeting on August 2nd.

The Town of Cary "Lazy Daze" Arts and Crafts Festival is Saturday & Sunday August 27 & 28 in Downtown Cary. This has become our largest fundraising project of the year. We NEED volunteers to assist directing drivers where to park their cars on Post property and the lot across the street. We will need volunteers to assist Saturday and Sunday from 9:00am to 5:00pm. All we need is a little bit of your time. We charge \$10.00/car. Please let our Adjutant (Richard) know if you can spare some time to help

The First Responder's Dinner and the Post 67 General Meeting for September is

scheduled for Saturday 10 September at 4:30pm. Please come and see us award plaques and certificates to Cary First Responders. We also will need volunteers to help set-up the building, etc. Again, please let the Adjutant (Richard) know if you can support this event. The Adjutant's email address is adjutant.alncpost67@gmail.com.

Again, thank you for letting me serve as your Commander.

Dennis Tackett

Commander

Post Chaplain:

DELIGHTING IN GOD

What would you ask for if God offered you anything you desired? Would you ask for long life or riches or protection for those you love? Would you ask for wisdom or a deeper relationship with Him? When your wakeful mind isn't alert to tell you what you should ask for would your unconscious heart ask for something that would please God?

Psalm 37, a psalm of David, tells us that if we delight ourselves in the Lord, He will give us the desires of our heart. Some people have said that this means that if we are seeking the Lord first, our desires will conform to His. What do you think?

May God richly bless you and your families. I am here if you need prayer or just to talk.

God bless you,

Chaplain Marie

AMERICANISM

From the 2nd Vice Commander, David Christensen:

The Cary High School Junior NROTC cadets involved in the American Legion Junior Sports Program will resume their practice at our Post facility this month. We expect to receive Legion Department and National instruction and details of the 2022/2323 Oratorical Speech Contest this September.

Resolution:

The Resolution concerns the transfer of the Junior ROTC Program to the Americanism Department of the American Legion. This Resolution is provided again (it was in last month's Howler) on the following page. It will be voted on at Tuesday's (August 9) General Meeting. Please review. If approved, it will be signed and sent to the NC Department.

VETERANS AFFAIRS & REHABILITATION

From the Post Service Officer, Gene Meyle:

Please see the latest Veterans Benefits Newsletter at this link:

[Veterans Benefits Newsletter | August 2022 \(govdelivery.com\)](https://govdelivery.com)

Informative Boys Nation Video

<https://youtu.be/W3YyWHhV39k>

**THE AMERICAN LEGION
DEPARTMENT OF NORTH CAROLINA**

Post Resolution No. _____
Date Approved _____

Department Resolution No. _____
Date Received _____
(Dept. Use Only)

A Resolution Concerning the Transfer of the Junior ROTC Program between National Headquarters Departments

Preamble: Whereas the Junior ROTC Program is designed to develop leadership skills, maturity, self-discipline and character; Whereas this program instills in youth a sense of civic duty and patriotism; Whereas the program provides opportunities for youth to develop skills useful to academia and other professions including the service academies and the active duty military; Whereas the development of these youth skills are inherently the objectives of the Americanism Department of the American Legion National Headquarters; Now therefore, be it resolved that management of the Junior ROTC Program be transferred from the National Security Department to the Americanism Department.

Whereas the Junior ROTC Program mirrors the mentoring objectives of youth programs that are administered by the Americanism Department at National Headquarters;

Whereas the Junior ROTC Program can be enhanced by the obvious potential of the STEM and Junior Shooting Sports Programs managed by the Americanism Division;

Whereas the organizational oversight of the Americanism Department may encourage more parents, and school boards to accept a Junior ROTC Program;

Whereas the Junior ROTC Program is dwarfed and ill-fitted within the National Security Department by that Department's overarching strategic responsibilities and its pressing concern for supporting the active military;

Now, therefore, be it resolved by Post 67, The American Legion, Department of North Carolina, in regular assembly in the Post Building in Cary, North Carolina on August 9, 2022, that the American Legion transfer management of the Junior ROTC Program from the Headquarters, National Security Department to the Headquarters, Americanism Department.

The above resolution was approved by American Legion Post _____, Department of North Carolina at a meeting held at _____, NC on the _____ day of _____, 20_____.

ATTEST BY POST ADJUTANT

SIGNED BY POST COMMANDER



August 9, 2022 6:15pm

Dinner &

General Meeting

Please Come & Have Fun

With Your Fellow Legionnaires

BUILDING & GROUNDS

From the Sgt-At-Arms, Ray Martin:

CEREMONIAL Rifles inspection and cleaning, Wednesday, August 17, 1000-1400, at Post. We need 3 to 5 Post family members to assist, please send email to Ray E Martin, Sgt-At-Arms, Remldm02@gmail.com or call 919-630-7052 to volunteer.

A BIG THANKS to Frank Stancil for cutting grass and cleaning weeds around post last week....(ALL SUMMER!)

PUBLIC RELATIONS

From the Post Public Relations Officer, Curtis Leary:

Business After Hours for Cary Chamber of Commerce is August 25 at 0730. Check the Chamber of Commerce web page for details and registration. Join us as we hear from NC State University's Chancellor, Dr. Randy Woodson. Chancellor Woodson became NC State's 14th chancellor in April of 2010 and has remained in the position ever since. The Chancellor will be discussing NC State's role in regional and statewide economic development, entrepreneurship programs and various campus updates. We look forward to seeing you then! Cost involved plus registration required.

POST 67 WEBSITE QR CODE:



ANNOUNCEMENTS

From the Adjutant, Richard Spyrison:

Cary Lazy Daze Arts and Crafts Festival: 27 & 28 August 9:00am—5:00pm—Please volunteer to help direct parking cars.

First Responder's Dinner and General Meeting: 10 September at 4:30pm at the Post. Volunteers needed to set-up.

Vets2Vets 5K Dog Run: 25 September 8:30am—12:00 noon. We have been invited to table.

INSTALLATION OF POST OFFICERS

JULY 12, 2022

Below are some pictures of the Post 67 Officer Installation that occurred at our July General Meeting. Photos are by Barry Biagini. Thanks Barry!



Frank Stancil presides over Installation of New Post 67 Officers



The New Post 67 Officers Pledge to Perform Faithfully and Impartially



The Post 67 Officers for the 2022/2033 Tenure



Dennis Tackett, The New Post 67 Commander

The VA Health and Benefits mobile app

(Repeat from last month's Howler)

The VA is making it easier to take charge of your [benefits](#) and [health care](#) with its new Health and Benefits mobile application. Download [VA Health and Benefits](#) with the click of a button and get access to the resources you need – wherever you are and whenever you want them.

The VA Health and Benefits mobile app is a smarter, more convenient way to manage your VA health and benefits information. You can enable face or finger ID to skip the login, view and cancel health care appointments, view claims and appeals status, upload documentation, message your doctor, locate facilities, and access the [Veterans Crisis Line](#) – right from your phone. The app also makes it easy to prove your status as a Veteran so you can take advantage of available retailer discounts.

New features expected in the coming year will allow you to:

- Refill prescriptions;
- Request appointments;
- Manage debt.

Learn more about the service already discovered by many Veterans. VA Health and Benefits is available via the [Apple App Store](#) or [Google Play Store](#). Download today!

Post 67 Officers & Phone Numbers:

Dennis Tackett, Post Cmdr.: 919-703-9941
Richard Spyrison, Post Adjutant: 919-319-9062
Ernest Long, 1st Vice Cmdr.:
David Christiansen, 2nd Vice Cmdr.:919-650-3848
Curtis Leary, 3rd Vice Cmdr.: 919-270-2136
Eliz Russell, Financial Officer: 919-302-2518
Ray Martin, Sgt-At-Arms: 919-481-4811
Tim Kenny, Athletic Officer: 919-481-4811—X7
Marie Faulkner, Post Chaplain: 919-851-9838
Eugene Meyle, Post Service Officer: 417-234-7608
Dennis Tackett, Post Historian: 703-340-9941
Shelton Faircloth, At-Large: 919-539-1421
Adelfo Campos, At-Large: 540-246-7151

Post 67 Home Address:

8523 Chapel Hill Rd., Cary, NC 27513
Post Home Phone: 919-481-4811
Post Home Web Page: <https://www.alncpost67.org>
Facebook Page:
<https://www.facebook.com/alncpost67.org>
Cary Post 67 Legion Baseball:
<https://www.carypost67baseball.com/>

Post 67 Meeting date and time:

Second Tuesday of each month starting 7:00 PM at the Post Home with dinner starting around 6:00 PM. The Post Executive Committee (PEC) meets on the first Tuesday of each month at 6:30 PM at the Post Home. Members are invited to come and speak of any concerns or recommendations concerning Legion business at that time. Post meetings may be held using Zoom from time to time due to the virus and guidelines, so be on the lookout for announcements via email. If you need assistance in setting up your computer or tablet for Zoom meetings, please contact a PEC member.

Editor: Dennis Tackett
Articles should be sent to Dennis no later than the Thursday morning following our PEC meeting on the 1st Tuesday of the month.
dennistackettpost67@gmail.com

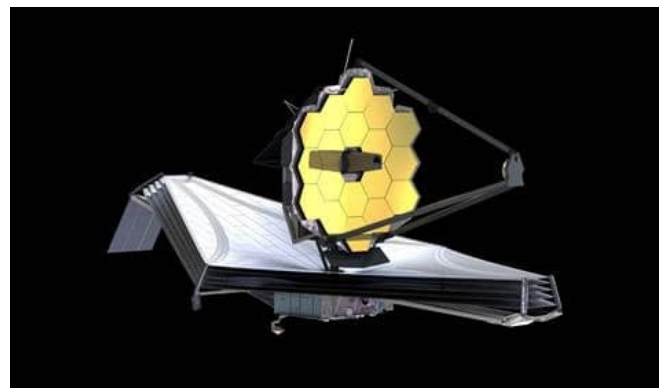
New Post 67 Members: To all new Post 67 members, thank you for joining. You are encouraged to purchase Legion hats and shirts from Emblem Sales so when we are at Legion meetings or taking part in a Community activity, you will be in uniform. For Color Guard, Rifle Detail, funerals, and other more formal activities, the uniform will be your Legion hat, gray pants, white shirt, and blue jacket with tie, black shoes and socks. At other times the Legion hat, a polo or golf type shirt with the Legion emblem is worn by most Legionnaires. This may be called Business Casual dress. **Emblem Sales** can be reached at <https://www.legion.org/promos/230360/shop-online> Need help, contact a PEC member.

DID YOU KNOW:

**Submitted by Michael May
through Ray Martin**

JAMES Webb Telescope Namesake:

James E. Webb was born in Tally Ho near Stem, NC, so he probably grew up a country boy on a tobacco farm. Webb knew and worked for several presidents and was the National Aeronautics and Space Administration director under Presidents Kennedy and Johnson. As North Carolina Congressman L. H. Fountain once said, ‘for the first time since the beginning of the world there are now footprints on the moon, and the major share of credit goes to a distinguished son of Granville County, James Webb.



New Veterans Crisis Line number – Dial 988 then Press 1

The Veterans Crisis Line's new number—[Dial 988 then Press 1](#)—gives Veterans in crisis a shorter, easier-to-remember way to get support as quickly as possible.

You don't need to be an expert to make a difference in the life of a Veteran. Anyone can spread the word. Start by making sure all the Veterans in your life know about this new number.

Talk to the Veterans in your life

Reach out to those you served with to let them know about the new Veterans Crisis Line number and ask them to save 988 in their phones. Remind them that, after dialing, Veterans will need to Press 1 to reach the Veterans Crisis Line.

Tell your family members, too. You never know when a crisis will happen. Make sure you and the people you care about are prepared.

Post the new number on social media

If you stay connected with fellow Veterans through social media, consider sharing the new number through Facebook, Twitter and Instagram. We have [sample posts and graphics](#) available to spread awareness.

Share information about the Veterans Crisis Line

You're never alone. Veterans Crisis Line responders answer day and night. They listen to you and make sure you're safe. If you

would rather [text \(838255\)](#) or chat ([VeteransCrisisLine.net/Chat](#)), those options are also available.

You can find digital materials, like downloadable fact sheets and graphics with information about the Veterans Crisis Line, on [VeteransCrisisLine.net](#) to help spread the new number far and wide.

The Veterans Crisis Line number is new, but the support is the same. And you don't have to be enrolled in VA benefits or health care to connect. To call, [Dial 988 then Press 1](#). Chat online at [VeteransCrisisLine.net/Chat](#). Text [838255](#).

988 has been designated as the new three-digit dialing code that will route callers to the **National Suicide Prevention Lifeline**.



New number, same support
Dial 988 then [Press 1](#)



Tri-Women Vets

On Saturday, August 20th from 1100-1300 the Tri-Women Vets will be gathering at the American Legion Hall Post #67 in Cary for a **Self Defense and Awareness for Women** class given by Carolyn Comfort. All women veterans and Auxiliary members are invited to attend. It will be a class given about the dangers that women our age come across and how to be aware of them, things we can do to save ourselves. Lunch in downtown Cary after.

4 AUG 1790

Semper Paratus



U.S. Coast Guard Celebrates 232nd Birthday

Each August 4, the U.S. [Coast Guard](#) celebrates its birthday.

The following message was sent to Coast Guard members by Commandant Adm. Linda Fagan:

Today we celebrate the 232nd birthday of the U.S. Coast Guard; our theme for 2022 is: “Honoring our Past... Shaping our Future.”

Since our inception in 1790 as the Revenue Cutter Service, the U.S. Coast Guard has evolved to serve our Nation by executing missions that only we can uniquely perform. Each time a new challenge or threat emerged, the Coast Guard responded to meet our country’s need. From domestic icebreaking and natural resource protection to drug interdiction and marine safety, our missions have broadened to firmly entrench our Service as a vital element of national defense and international security.

Just as the U.S. Coast Guard steadfastly met these challenges in the past, we will continue our legacy of mission excellence to embrace the opportunities of tomorrow. The Coast Guard will be a leader in global maritime governance, enforcing the rule of law, facilitating safe and secure maritime commerce, and protecting people and natural resources in a dynamic geopolitical landscape. We will explore and employ innovative ways to optimize our people, assets, and authorities to deliver security to the American public. The Coast Guard will continue to cultivate partnerships domestically and internationally to strengthen the fabric of homeland security.

We will also continue to proudly tell our story and connect it to the communities we serve. Two hundred years ago, U.S. Revenue Cutter FLORIDA deployed to Key West to defend our southern border against illegal imports of sugar, molasses, tobacco, and enslaved peoples. Today, August 4, 2022, Key West will become the newest Coast Guard City, recognizing the enduring support the city has shown for Coast Guard members and their families who call the lower Keys home. Later this month, we will also conduct a ‘Keel-Laying’ at the future site of the National Coast Guard Museum in New London, CT. This state-of-the-art facility will be an interactive time capsule that makes our ‘1790 to Now’ evolution story even more accessible for generations to come.

Our Service’s history and its future exist because of your commitment to readiness and. mission execution. You are the heartbeat of the Coast Guard and every one of you adds to our legacy every day. I am extremely proud of your collective accomplishments. As we commemorate this day and celebrate our shared history, I want to thank you and your families for your service to our country.

Semper Paratus!

The United States Marine Corps Silent Drill Platoon performed at Cary High School on August 1.

The **United States Marine Corps Silent Drill Platoon** is a 24-man [rifle platoon](#) led by a Captain and Platoon Sergeant of the [United States Marine Corps](#) (USMC). Often referred to as The Marching Twenty-Four, the [unit](#) performs a unique silent precision [exhibition drill](#). The purpose of the platoon is to exemplify the discipline and professionalism of the Marine Corps. The Silent Drill Platoon, which first performed in 1948, originally as a one-time show, received such an overwhelming response that it soon became part of the routine parades at [Marine Barracks, Washington, D.C.](#) Pictures by Ray Martin.



TOWN OF CARY 2022 Veterans Luncheon

“Lunch for the Brave: Serving & Honoring our Veterans”

Please join us on Friday, November 4 at 11:30 a.m. as we celebrate and honor our veterans with a delicious catered lunch and presentation.

Registration starts August 1(R) & August 15(NR) but ends October 28, register via mycary.org or by calling the Cary Senior Center (919) 469-4081. *Please note: space is limited and each person must register. Please contact Stefanie Nichols via contact points below if you need a vegetarian meal option or have a group registration.*

Any questions? Please contact Stefanie Nichols (stefanie.nichols@townofcary.org).

<https://www.townofcary.org/recreation-enjoyment/events/holiday-events/annual-veteran-s-luncheon>

Vets To Vets United 5K9 Dog Jog!!
Invite friends and family to participate to Honor our Veterans!

We pair veterans with disabilities with rescued dogs for an enhanced quality of life.



Why we are so passionate about Veterans and rescue service dogs:

** Approximately 20 Veterans commit suicide every day.*

** PTSD is associated with higher suicide rates in Veteran and Active Duty service members.*

** Increased # of Veteran and Active Duty suicides due to pandemic.*

** Evidence shows service dogs are associated with lower PTSD symptoms among Veterans including suicidal thoughts and attempts.*

** 1.5 million animals in the US are euthanized annually at shelters.*

** NC ranks 3rd in the US for animal shelter euthanasia.*

Registration is now open. Virtual race option also available!



[Register on-line here!](#)

SPONSORSHIP PACKAGES AND VENDOR SIGN UP ARE AVAILABLE NOW!!. **CLICK THE LINK ABOVE TO LEARN MORE**

Sunday, September 25

Check-in begins at 9:00AM

Race Time: 10:00AM

Run, jog, or walk with, or without your dog!

There will be dog activities, and plenty of local vendors!

Join us at the WakeMed Soccer Park 5K Course:

Soccer Park Dr, Cary, NC 27511

Important Dates

August 9, 6:15pm Potluck Dinner, 7:00pm Post 67 General Meeting

August 27-28, 9:00am-5:00pm Town of Cary Lazy Daze—Car Parking on our property

September 6, 6:30pm Post 67 PEC Meeting

September 10, 4:30pm First Responder's Dinner, Post 67 General Meeting

September 25, 8:30am-12:00 noon, Vets2Vets 5K Dog Jog at Cary Soccer Park

Purpose and Mission of The American Legion

As the nation's largest wartime veterans service organization, the American Legion is devoted to mutual helpfulness, and is **committed** to:

- **mentoring** youth and sponsorship of wholesome programs in our communities,
- **advocating** patriotism and honor,
- **promoting** strong national security,
- continued **devotion** to our fellow service members and veterans.

Mission

"To enhance the well-being of America's veterans, their families, our military, and our communities by our devotion to mutual helpfulness."

Vision

Veterans Strengthening America