



The Howler

Cary American Legion Post 67, (September 2022)



Commander's Corner:

Hello fellow Legionnaires, Auxiliary members, and SAL members!

Autumn is just around the corner. Cooler weather, football, Halloween, etc. Autumn is my favorite season so I'm happy it is almost here. The leaves of the maple tree in my backyard are already changing colors.

Great News: We raised \$7,647 at our Lazy Daze fundraising event. We almost doubled what our goal was for the event. Thanks to all the volunteers. A special thanks to Past Commander Richard Spyrison for leading this special event for us. These funds will help support our mission.

I also want to give a big THANK YOU to Shelton Faircloth for his leadership and years of dedicated service to our Post. He is a Past Commander, serving in that capacity for two years (2017-2019). Most recently, Shelton has

been our Finance Officer and has done an outstanding job. Shelton has been promoted and is moving to Florida at the end of this month. When and if you see Shelton before he leaves, please thank him for job well done. (see pic on page 6).

The General Meeting of Post 67 is Saturday, September 10 at 4:30pm. We will be hosting our annual First Responders Dinner. A flyer with details is attached to this Howler.

At the meeting, we will vote on the Resolution that was in last month's Howler and passed out at the General Meeting. Please review. The PEC voted to approve the Resolution at the PEC meeting on August 2nd.

We are holding a fundraiser on October 5th at Chicken Salad Chick which is in the Waverly Place Shopping Center. Chicken Salad Chick will donate 10% of all sales to our Post. Please put this on your calendar, come eat lunch and support your Post.

Richard was contacted by the VBA in Winston-Salem about holding another VEAC event next year. They would like us to have it in March 2023. We have created a VEAC Committee and Richard will be lead. There will be a lot more to come on this subject as we get closer to the event. Please give Richard all the help you can with this effort.

ADJUTANT'S CALL

SEPTEMBER

2022

On November 5th the Wake County Council of Veterans Organizations will hold the NC Veterans Day Parade. The parade will start at 9:30am. A flyer with details is attached to this Howler.

Thank you for letting me serve as your Commander.

Dennis Tackett

Commander

Post Chaplain:

POWER TO BECOME

To criticize or to find fault with someone is to fail to see that person in his full possibilities. It is to see his many weaknesses rather than his many strengths. It is an attempt to get the other person to conform to our way of thinking. This alienates.

The irony is that the critic himself is usually the one who is blind. To accept people as they are and for what they are, to place confidence in them and to encourage them, is to help them become better than they are.

To treat people as if they were what they ought to be is to help them to become what they are capable of becoming. Within every person is the capacity to become something greater than he now is. It is possible for each of us to become better and to help others to become what they ought to be.

Let us look for the best in people and not try to destroy one another. For in destroying them we will destroy our purpose and our cause.

God bless you,

Chaplain Marie

I would like to update everyone on our membership drive for 2023. American Legion Posts 67 as of 31 August 2022 achieved 55.92% renewals for 2023. I would like to thank everyone who has help us reach this goal. For those who have not renewed yet please do so by December of this year if possible.

I would like to remind everyone, and I know I am repeating this, but the Town of Cary Veterans' luncheon is coming up on the 4th of November 2022. You must register to secure a place at the table. Space is limited due to early voting and there will be no walk-ins accepted. It will be held at Prestonwood Country Club this year.

To register go to mycary.org or call [Cary Senior Center 919-469-4081](tel:919-469-4081).

Don't delay or you may not be able to get in.

Our members are receiving post cards and emails about verifying your Legion information with the 800 number. This is a third-party company under contract with the North Carolina Department. This information will be put into a book of Legionnaires throughout the State of North Carolina. After talking with them on the phone they will try and talk you into purchasing this book for several hundred dollars.

My purpose is to let you know this is not a scam, but it is not something you have to do. It's a fundraiser for the NC Department of the American Legion.

Coming this November is Operation Green Light - more to come.

Richard Spyrison
Adjutant

AMERICANISM

From the 2nd Vice Commander, David Christensen:

The Cary High School Junior NROTC cadets involved in the American Legion Junior Sports Program will resume their practice at our Post facility.

Oratorical Contest Dates:

Post Contest- January 14, 2023 -Time & Place-TBD

District 11 Contest-January 28, 2023- Time & Place-TBD

Division 3 Contest - February 4, 2023 - Legion Post 6 in Chapel Hill

State (Department) Contest - March 4, 2023 - Time & Place TBD

The main purpose of the American Legion High School Oratorical Scholarship Program is to develop a deeper knowledge and appreciation of the U.S. Constitution among students. Participants also grow in leadership ability, their capacity to think and speak clearly and intelligently, and understanding of the rights, responsibilities, obligations and privileges of U.S. citizens

We will be asking for volunteers to help with the Post Contest and possibly the District Contest.

VETERANS AFFAIRS & REHABILITATION

From the Post Service Officer, Gene Meyle:

Please see the latest Veterans Benefits Newsletter at this link:

[Veterans Benefits Newsletter | September 2022 \(govdelivery.com\)](https://govdelivery.com/newsletters/veterans-benefits-newsletter-september-2022)

BUILDING & GROUNDS

From the Sgt-At-Arms, Ray Martin:

CEREMONIAL Rifles inspection and cleaning was conducted on Wednesday, August 17, 1000-1400, at Post.

Thanks to Barry Kenny, David Christian- sen, and leader Bruce Dale, along with SAL Commander Jared Martin, for getting this task done. (Picture by Ray Martin)



A **BIG THANKS** again to Frank Stencil for cutting grass and cleaning weeds around post last week....(ALL SUMMER!)

Ray Martin

Sgt-At-Arms

POST 67 WEBSITE QR CODE:



No Cost Flu Shots for Eligible Veterans

Eligible Veterans can get a no-cost flu shot from a nearby VA clinic or within their community. To find a flu shot near you, visit our [VA locator](#). You can choose a nearby VA facility or one of 70,000 in-network pharmacy or urgent care locations nationwide. Simply type in your ZIP code.

For more information go to:

[No-cost VA flu shots for eligible Veterans - VA News](#)

Airborne Hazards and Open Burn Pit Registry

All veterans who served in eligible areas are encouraged to complete the [Airborne Hazards and Open Burn Pits Registry](#). Participation in the registry is very important as it will allow the Department of Veterans Affairs (VA) to track burn pit exposure and provide data regarding associated adverse health effects. Exposure to burn pits may be linked to respiratory conditions such as asthma, emphysema, chronic bronchitis, and chronic obstructive pulmonary disorder. The VA recently added asthma, rhinitis, and sinusitis as presumptive conditions related to particulate matter exposure.



Pictures of Lazy Daze Fundraising Event

(Pictures by Barry Biagini & Ray Martin)






**VETERANS
RESOURCE FAIR
&
STAND DOWN**

DURHAM

SAVE THE DATE

SEPTEMBER 17, 2022
8:30 AM - 2:00 PM

2601 Hillsborough Road
Durham, NC 27705





Shelton M. Faircloth

Post 67 Officers & Phone Numbers:

Dennis Tackett, Post Cmdr.: 919-703-9941
Richard Spyrison, Post Adjutant: 919-441-8295
Ernest Long, 1st Vice Cmdr.:
David Christiansen, 2nd Vice Cmdr.:919-650-3848
Curtis Leary, 3rd Vice Cmdr.: 919-270-2136
Liz Russell, Finance Officer: 919-302-2518
Ray Martin, Sgt-At-Arms: 919-481-4811
Tim Kenny, Athletic Officer: 919-481-4811—X7
Marie Faulkner, Post Chaplain: 919-851-9838
Eugene Meyle, Post Service Officer: 417-234-7608
Dennis Tackett, Post Historian: 703-340-9941
Shelton Faircloth, At-Large: 919-539-1421
Adelfo Campos, At-Large: 540-246-7151

Post 67 Home Address:


8523 Chapel Hill Rd., Cary, NC 27513
Post Home Phone: 919-481-4811
Post Home Web Page: <https://www.alncpost67.org>
Facebook Page:
<https://www.facebook.com/alncpost67.org>
Cary Post 67 Legion Baseball:
<https://www.carypost67baseball.com/>

Post 67 Meeting date and time:

Second Tuesday of each month starting 7:00 PM at the Post Home with dinner starting around 6:00 PM. The Post Executive Committee (PEC) meets on the first Tuesday of each month at 6:30 PM at the Post Home. Members are invited to come and speak of any concerns or recommendations concerning Legion business at that time. Post meetings may be held using Zoom from time to time due to the virus and guidelines, so be on the lookout for announcements via email. If you need assistance in setting up your computer or tablet for Zoom meetings, please contact a PEC member.

Editor: Dennis Tackett
Articles should be sent to Dennis no later than the Thursday morning following our PEC meeting on the 1st Tuesday of the month.
dennistackettpost67@gmail.com

New Post 67 Members: To all new Post 67 members, thank you for joining. You are encouraged to purchase Legion hats and shirts from Emblem Sales so when we are at Legion meetings or taking part in a Community activity, you will be in uniform. For Color Guard, Rifle Detail, funerals, and other more formal activities, the uniform will be your Legion hat, gray pants, white shirt, and blue jacket with tie, black shoes and socks. At other times the Legion hat, a polo or golf type shirt with the Legion emblem is worn by most Legionnaires. This may be called Business Casual dress. **Emblem Sales** can be reached at <https://www.legion.org/promos/230360/shop-online> Need help, contact a PEC member.



**Oktoberfest
Apex**

2nd SATURDAY of OCTOBER at NOON

—◆—
APEX TOWN HALL CAMPUS
—◆—

FOOD MUSIC BEER
GAMES KIDS' ZONE



POST 124

Veterans helping Veterans
and supporting our community,
while serving our Nation



First Responder Dinner/Meeting, Saturday, 10 September @ 4:30 PM.



Chicken Salad Chick will be catering our dinner with an assortment of sandwiches, sides, soup, and chips. We will have Tea, Coffee, Lemonade and water, dessert and possible ice cream.

It is very important that we have a head count so if you are coming let Curtis Leary know by 9/5/22.



Richard Contact Number: 919-441-8295

Curtis Contact Number: 919-270-2136

**Cary American Legion
Post 67
Post Home at 8523 Chapel
Hill Rd. Cary, NC.**

Vets To Vets United 5K9 Dog Jog!!
Invite friends and family to participate to Honor our Veterans!

We pair veterans with disabilities with rescued dogs for an enhanced quality of life.



Why we are so passionate about Veterans and rescue service dogs:

- * Approximately 20 Veterans commit suicide every day.*
- * PTSD is associated with higher suicide rates in Veteran and Active Duty service members.*
- * Increased # of Veteran and Active Duty suicides due to pandemic.*
- * Evidence shows service dogs are associated with lower PTSD symptoms among Veterans including suicidal thoughts and attempts.*
- * 1.5 million animals in the US are euthanized annually at shelters.*
- * NC ranks 3rd in the US for animal shelter euthanasia.*

Registration is now open. Virtual race option also available!



[Register on-line here!](#)

SPONSORSHIP PACKAGES AND VENDOR SIGN UP ARE AVAILABLE NOW!! CLICK THE LINK ABOVE TO LEARN MORE

Sunday, September 25

Check-in begins at 9:00AM

Race Time: 10:00AM

Run, jog, or walk with, or without your dog!

There will be dog activities, and plenty of local vendors!

Join us at the WakeMed Soccer Park 5K Course:

Soccer Park Dr, Cary, NC 27511

**JOIN US & HELP SUPPORT
CARY AMERICAN
LEGION POST 67!**

**WEDNESDAY, OCTOBER 5TH
10:30 AM - 8:00PM**

**EAT AT CHICKEN SALAD CHICK
AND 10% OF ALL SALES FOR
THE DAY WILL BE DONATED
TO THE CARY AMERICAN
LEGION POST 67.**

CHICKEN SALAD CHICK

WAVERLY PLACE SHOPPING CENTER
302 COLONADES WAY, SUITE 202
CARY, NC 27518



PROUD SUPPORTERS OF
CARY AMERICAN LEGION POST 67.



JOIN US FOR CARY'S ANNUAL

Veterans LUNCHEON

FRIDAY, NOVEMBER 4

11:30 a.m.–1 p.m.

PRESTONWOOD COUNTRY CLUB

“Lunch for the Brave: Serving & Honoring our Veterans”

Please join us on Friday, November 4 at 11:30 a.m. as we celebrate and honor our veterans with a delicious catered lunch and presentation.

Registration starts August 1(R) & August 15(NR) but ends October 28, register via mycary.org or by calling the Cary Senior Center (919) 469-4081. *Please note: space is limited and each person must register. Please contact Stefanie Nichols via contact points below if you need a vegetarian meal option or have a group registration.*

Any questions? Please contact Stefanie Nichols (stefanie.nichols@townofcary.org).

<https://www.townofcary.org/recreation-enjoyment/events/holiday-events/annual-veteran-s-luncheon>



VETERANS DAY

★ ★ ★ ★ ★ ★
HONORING ALL
WHO SERVED
★ ★ ★ ★ ★ ★

The Wake County Council of Veterans Organizations presents..

2022 NC Veteran's Day Parade

Saturday November 5th, 2022

Registration is now open at www.ncveteransparade.com

**Parade Line-up will start at 8:30 AM,
The parade will start at 9:30AM.**

The Veterans Day Ceremony will be held shortly after the parade ends, at the north side of the Capital Building in downtown Raleigh. Parade will start at W. Lenoir St and move up Fayetteville Street to the Old Capital Building.

**Everyone is welcome to
celebrate our veterans**

Humana

HONORING AND
SERVING VETERANS

NORTH CAROLINA VETERAN ART SHOW



NOVEMBER 10TH - 13TH

TOBACCO WOOD BREWING CO
2500 MERIDIAN PARKWAY
DURHAM, NC 27713

CALL FOR ART

CALLING ALL NORTH CAROLINA VETERAN ARTISTS!

SCAN THE CODE

-OR-

VISIT THEJOELFUND.ORG/NC-VETERAN-ART-SHOW/



Important Dates

September 10, 4:30pm First Responders Dinner, Post 67 General Meeting

September 25, 8:30am-12:00 noon, Vets2Vets 5K Dog Jog at Cary Soccer Park

October 4, 6:30pm Post 67 PEC Meeting

October 11, 6:15pm Dinner with Boys and Girls State attendees, 7:00pm General Meeting

November 4, 11:30am Town of Cary Veterans Luncheon

November 5, 9:00am NC Veteran's Day Parade (Downtown Raleigh-8:30am Line-up)

Purpose and Mission of The American Legion

As the nation's largest wartime veterans service organization, the American Legion is devoted to mutual helpfulness, and is **committed** to:

- **mentoring** youth and sponsorship of wholesome programs in our communities,
- **advocating** patriotism and honor,
- **promoting** strong national security,
- continued **devotion** to our fellow service members and veterans.

Mission

"To enhance the well-being of America's veterans, their families, our military, and our communities by our devotion to mutual helpfulness."

Vision

Veterans Strengthening America